



Ontario Team

Mission and goals

Ontario Table Tennis Association is launching new project – Ontario Team. OTTA responsibility is to take care of all aspects of table tennis in our province – promote it, organize proper calendar, rise number of our membership, make it popular in different groups (for ex. schools, veterans, para table tennis...). Excellence is one of important aspect of table tennis and Ontario Team will be our ongoing project to make sure that our teams and players are best in Canada and competitive at international stage.

Already talking some time about this project we feel time is right to start and we have decided to setup start day for November 1st, 2011.

Ontario Team project has three goals to achieve:

- a) **Produce the leading players in Canada;** Ways and means:
 - a. Enable best provincial players to practice with each other
 - b. Provide them good coaching at training and competitions
 - c. Create environment that will be supportive for their development
 - i. Actively seek for financial support (Q4G programs, other grants and bursaries that will directly help quality of this program, looking for sponsors, find, train and organize volunteers)
 - ii. Find experts and programs that will contribute to players development (psychologist, expert for fitness programs, nutritionist, visiting expert coaches from outside of our province)
 - iii. Be proactive and seek for partners and other training groups (outside of province) whenever this cooperation can better our performance
- b) **Encourage good and quality coaching in clubs;** Ways and means:
 - a. Integrate Ontario Team project with club training;
 - i. Ontario Team coach(es) will work together with club coaches
 - ii. Provide certification for club coaches to run part of Ontario Team program
 - b. Give priority to clubs that encourage quality coaching when they apply for other programs in future (for ex. organizing competitions, school table tennis etc.)
- c) **Enable quality coaching;** Ways and means:
 - a. Introduce High Performance Director and Ontario Coach positions
 - b. Demand certain standard from our HP Director, Ontario Coach and Ontario Team certify coaches; they should be able to:
 - i. Produce proper plans and goal settings
 - ii. Cooperate with other involved coaches, both from province and National Team
 - iii. Good knowledge of table tennis game
 - iv. Guarantee certain ethical and working standards (transparent to players, other coaches, parents and clubs)
 - c. Ensure that coaches have respectable working environment;
 - i. Insure that they are reimbursed according to agreements and in timely manner
 - ii. Create environment where coaching profession will be valued and appreciated



Program description in first few years

Working team:

- High Performance Director (part time, at least next three years from November 1st)
- Ontario Coach (full time job; at least next three years from November 1st)
- Several coaches that will be certify to work with Ontario Team (we expect 2-4, part time)
 - o This coaches can work on behalf of their club (in that case agreement will be signed with clubs), or
 - o They can work direct with OTTA
- Physical fitness consultant (part time, expected time 1-2 monthly)
- Sport psychologist consultant (part time, expected time 1-2 monthly)
- Volunteers (parents, coaches, friends)

Ontario coach will work:

- Forty weeks during year five times a week (Mon-Fri) 2 and half hours daily at different locations – according to agreement with clubs (all year excluding July and August, March break and two weeks during Christmas)
- Thirty eight days during weekends for 5 hours per weekend
- Summer and holidays – 48 days for 5 hours per day
- Approximately 27 days to cover Nationals, National Team Challenge and other competitions during year

We are targeting low coach-player ratio for most of the time during our program (on average 1:6).

Club coaches will be able to pursue certification and join program with additional players:

- a) During time when Ontario coach is working at their club location
- b) Also at other days when they will alone execute previously agreed program

Physical fitness and sport psychologist consultants will work once or twice a month with groups (expected ration 1:12).

Ontario Team will run its volunteer group program that will enable us to: reduce costs when we travel to competitions, enable car-pooling during training hours, help with organization, manage certain projects etc.



Cooperation with clubs

We are asking all interested clubs to send us back following applications before September 18th, 2011. OTTA will try to coordinate, meet your representatives and allocate time for Ontario coach by the September 30th.

Club name:		Location:	
OTTA status (Please, highlight clubs status)	a) affiliated	b) registered	c) none
Person responsible for contacts with OTTA for Ontario Team program:	Name	Telephone	E-mail
Our main target group for coaching are:	a) Overall best Ontario players	b) U11 and U13 categories	c) Veterans or others (please, specify)
Week days program			
We would like to have Ontario Team coach at our location	_____ per week for 40 weeks	Preferable days _____	Number of tables
We would like to have additional coach(es) working as OT certified coach(es)	a) yes	If yes, how many additional tables you plan to provide	b) no
Weekend days program			
We would like to have Ontario Team coach at our location	_____ days during weekends	At following weekends _____	Number of tables
We would like to have additional coach(es) working as OT certified coach(es)	c) yes	If yes, how many additional tables you plan to provide	d) no
Summer program			
We would like to have Ontario Team coach at our location	_____ days during summer, March break and Christmas holiday	Preferable days _____	Number of tables
We would like to have additional coach(es) working as OT certified coach(es)	a) yes	If yes, how many additional tables you plan to provide	b) no
Notes/remarks:			

